



## DUKE OF CONNAUGH KINDERGARTEN HOT LUNCH MENU MARCH/19

MON MARCH	TUES MARCH	WED MARCH	THURS MARCH	FRI MARCH 1
		—	—	Beef or Veggie sliders Veggies or Fruit Milk/Water —
MON MARCH 4	TUES MARCH 5	WED. MARCH 6	THURS MARCH 7	FRI MARCH 8
Egg or Veggie Fried Rice Veggies or Fruit Milk/Water  —	Grilled Cheese Veggies or Fruit Milk/Water  —	Chicken Drum sticks or Tofu w/Rice Veggies or Fruit Milk/Water  —	Cheese Pizza English Muffins Veggies or Fruit Milk/Water  —	Chicken or Tofu w/plum sauce & Rice Veggies or Fruit Milk/Water  —
MON MARCH 11	TUE MARCH 12	WED MARCH 13	THURS MARCH 14	FRI MARCH 15
MARCH 	BREAK	March 11-15	2019	ENJOY!!! :)
MON MARCH 18	TUE MARCH 19	WED. MARCH 20	THURS. MARCH 21	FRI MARCH 22
Spaghetti w/tomato Sauce Veggies or Fruit Milk/Water  —	Macaroni and Cheese Veggies or Fruit Milk/Water  —	Beef or Veggie Sheppard Pie Veggies or Fruit Milk/Water  —	Cheese Ravioli Veggies or Fruit Milk/Water  —	Beef or Veggie Taco Salad Veggies or Fruit Milk/Water  —
MON MARCH 25	TUE MARCH 26	WED MARCH 27	THURS MARCH 28	FRI MARCH 29
Rotini Pasta w/tomato sauce Veggies or Fruit Milk/Water  —	Cheese or Bean Quesadillas Veggies or Fruit Milk/Water  —	Veggie warps Veggies or Fruit Milk/Water  — SAC PIZZA  LUNCH —	Beef or Veggie Lasagna Veggies or Fruit Milk/Water  —	Beef or veggie w/rice Veggies or Fruit Milk/Water  —

*If you wish to have your child participate in Hot lunch it is important that this form is signed and returned along with your payment. Your signature tells us you are giving us permission to provide your child with hot lunch. Please be sure to fill out any allergies or dietary restrictions so we can be aware of them as well. Please note in the case of a forgotten lunch, a lunch will always be provided if needed.*

*Lunch can be purchased daily, weekly or monthly. Lunch is \$3.00 per day, or \$48.00 for the entire month, payment can be made by cash or cheque made payable to Duke of Connaught. Please check the days that your child will be having hot lunch, sign and return by, Thurs Feb 28. It's always a good idea to make a copy of the menu so your child will know what is for lunch and you will have a record of the days you have signed up for.*

*Please note: In addition to contributing to the cost of food, a portion of this month's payment may go towards the purchase of new equipment for the program if required. Hot lunch will not be served on*

Name of student \_\_\_\_\_  
 Teacher's Name \_\_\_\_\_ Room # \_\_\_\_\_  
 Allergies or Sensitivities \_\_\_\_\_  
 Parent's Signature \_\_\_\_\_